

## Family Life Scope and Sequence: Grades 7, 8, 9

Theme	<u>Grade Seven</u>	<u>Grade Eight</u>	<u>Grade Nine</u>
<b>Theme 1: Created and Loved by God</b>	<p>~ create a short written description of who they are at this point in their lives</p> <p>~ explain the difference between self-concept and self-esteem</p> <p>~ describe some dimensions of personality</p> <p>~ recognize and appreciate that their personalities are still developing</p> <p>~ explain the meaning of emotion and describe some common effects of adolescence on a person's emotional life</p> <p>~ recognize and appreciate the need to express emotions in a way that reflects respect for oneself and for others</p> <p>~ describe some inherited and environmental influences on people</p> <p>~ describe an aspect of their physical environment or social environment that they would like to change</p> <p>~ describe some of the strengths and limitations of persons</p> <p>~ recognize and appreciate the dignity and responsibility of being persons created in the image of God</p> <p><b>Key Vocabulary:</b> <i>self-concept, self-esteem, personality, mood, extroversion, introversion, emotion, instinctive, heredity, dominant, recessive, allele</i></p>	<p>~ explain why human beings are the wonder of creation</p> <p>~ describe a wonder of the world that reflects the intelligence and creativity of humans</p> <p>~ analyze aspects of the human ability to learn, remember, and reason</p> <p>~ recognize and appreciate the unique gifts of the human person</p> <p>~ analyze aspects of the human ability to create and feel</p> <p>~ recognize and appreciate the unique gifts of the human person</p> <p>~ analyze aspects of the human ability to act freely</p> <p>~ recognize and appreciate the unique gifts of the human person</p> <p>~ explain the meaning of character</p> <p>~ analyze scenarios related to the four cardinal virtues</p> <p><b>Key Vocabulary:</b> <i>wonder, first-hand learning, second-hand learning, long-term memory, short-term memory, reasoning, creative, feeling, emotion, freedom, character, prudence, justice, fortitude, temperance</i></p>	<p>~ explore the importance of fostering a positive, healthy self-esteem physically, intellectually, spiritually, and socially</p> <p>~ examine intellectual growth and ways of learning</p> <p>~ recognize the importance of a healthy positive acceptance of self, with strengths and weakness</p>
<b>Theme 2: Living in Relationship</b>	<p>~ analyze three significant aspects of relationships: intimacy, choice and quality</p> <p>~ recognize and appreciate the role that human relationships play in each person's life</p> <p>~ analyze some guidelines for open and respectful communication with family members and friends</p> <p>~ create examples of scenes involving family members or friends that follow the guidelines for open and respectful communication</p> <p>~ analyze families from the perspective of structure and characteristics associated with birth order</p> <p>~ recognize and appreciate that each person's experience as a family member is unique</p> <p>~ examine some everyday challenges and some significant challenges families face</p> <p>~ recognize and appreciate the importance of working together as a family to meet the challenges in their lives</p> <p>~ analyze friendship from the perspective of the lessons it provides and the qualities of healthy relationships</p> <p>~ recognize and appreciate the contribution of friendship to their growth as persons</p> <p>~ analyze some early adolescent friendship challenges</p> <p>~ recognize and appreciate the need to understand the challenges of friendship and learn from them</p> <p><b>Key Vocabulary:</b> <i>intimacy, communication, civility, extended family, nuclear family, foster family, challenge</i></p>	<p>~ explain the meaning of relationship and its importance in human lives</p> <p>~ recognize and appreciate the value of relationship in their lives</p> <p>~ describe the essential role of families in the lives of their children</p> <p>~ recognize that all families have challenges in their lives</p> <p>~ describe the concerns of parents and young people during early adolescence</p> <p>~ practise strategies for managing disagreements between parents and young people</p> <p>~ describe the abilities that true friends demonstrate in their friendships</p> <p>~ recognize and appreciate the value of the relationship of friendship</p> <p>~ identify and examine behaviours and attitudes that cause stress in friendship</p> <p>~ recognize that some stressful friendship situations can be avoided</p> <p><b>Key vocabulary:</b> <i>relationship, mercy, bequest, roots, wings, friend, exploitation, jealousy, envy, gossip, rumour, clique, status, peer pressure</i></p>	<p>~ analyze the role of family in society and in the Church</p> <p>~ demonstrate an understanding of the importance of personal freedom in shaping interpersonal relationships</p> <p>~ explain how a wide range of emotions can influence personal decisions, actions, and relationships</p> <p>~ recognize and compare the signs of healthy and unhealthy relationships (e.g. bullying)</p> <p>~ explain the difference between forgiveness and reconciliation in relationships</p> <p>~ describe the Christian family as the basis of society and as domestic Church</p>
<b>Theme 3: Created Sexual: Male and Female</b>	<p>~ analyze aspects of sexuality, including sex, sexual characteristics (primary, secondary), sexual identity, sexual roles, masculinity and femininity</p> <p>~ recognize and appreciate that males and females are unique persons with a wide range of interests, talents, and personalities</p> <p>~ review the development of primary and secondary sexual characteristics during puberty</p> <p>~ recognize and appreciate that concerns about their developing bodies are a normal response to a significant change</p> <p>~ explain the value of good nutrition, exercise, adequate sleep, protection of sexual health, and a realistic view of body image during adolescence</p> <p>~ recognize and appreciate the challenge of being good stewards of their lives as body/spirit persons</p> <p>~ identify and describe the experience of sexual attraction and feelings as aspects of the gift of sexuality</p> <p>~ recognize and appreciate the need for self-discipline and patience to reach the goal of becoming fully mature males and females</p> <p>~ describe attitudes and behaviours that show respect for the gift of sexuality</p> <p>~ recognize and appreciate that intimate sexual activity exposes young people to serious moral, emotional and physical harm</p> <p><b>Key Vocabulary:</b> <i>primary sexual characteristic, secondary sexual characteristic, sexual role, femininity, masculinity, steward, sexually transmitted infection (STI), body image, infatuation, homosexuality, heterosexuality, orientation, homophobia, drive, masturbation, pornography, chastity</i></p>	<p>~ examine their present understanding of sexuality</p> <p>~ recognize and appreciate the true meaning of the gift of sexuality and the challenge of accepting responsibility for this gift</p> <p>~ describe the meaning of intimacy, marriage, sexual intimacy, the single state, and celibacy</p> <p>~ recognize and appreciate that sexual intimacy is intended for marriage</p> <p>~ analyze aspects of the life stage of adolescence: appearance, moods, and stress, and sexual attraction.</p> <p>~ recognize and appreciate the role of family, friends, and God in their lives as they mature</p> <p>~ analyze external and internal pressures on young adolescents to become involved at an early age in exclusive male-female relationships</p> <p>~ recognize and appreciate the need to develop all aspects of their lives, including friendships with people of the opposite sex</p> <p>~ identify major sexually transmitted infections and some of their consequences</p> <p>~ examine methods of family planning in the light of Catholic teaching</p> <p>~ examine the meaning of true love between a man and a woman</p> <p>~ recognize and appreciate the value of the enduring commitment of marriage</p> <p><b>Key Vocabulary:</b> <i>sexuality, wisdom, intimacy, chastity, celibacy, homosexuality, infatuation, sexual assault, fertility, sexually transmitted infection (STI), true love</i></p>	<p>~ examine the meaning of the word "love" in light of Gospel meaning and its use in society</p> <p>~ define chastity and understand why it is a Christian virtue</p> <p>~ analyze sexual decision-making in relation to the meaning of chastity</p> <p>~ demonstrate a respect for the human body, in light of the sacredness of human life created by God</p> <p>~ describe symptoms, treatments and prevention of major sexually-transmitted infections including HIV/AIDS, and their effect on human fertility and life</p>
<b>Theme 4: Growing in Commitment</b>	<p>~ explain the relationship between freedom and responsibility and how it changes as people mature</p> <p>~ recognize and appreciate that some limitations on their freedom are necessary during adolescence</p> <p>~ analyze and practise a process for decision-making</p> <p>~ recognize and appreciate that asking for help with a difficult personal issue is a sign of maturity</p> <p>~ identify some of their commitments and responsibilities</p> <p>~ recognize and appreciate the value of being authentic and well-balanced people who are growing in their commitment to be the people God created them to be</p> <p><b>Key vocabulary:</b> <i>authentic</i></p>	<p>~ explain the meaning of commitment</p> <p>~ recognize and appreciate the challenge of meeting their commitment to themselves, now and in the future</p> <p>~ respond to a story about the death of a family member</p> <p>~ recognize and appreciate the responsibility to be committed family members, friends, and brothers and sisters in Christ</p> <p>~ examine the meaning of making a moral choice and the role of conscience</p> <p>~ recognize and appreciate that their commitment to the future is to prepare to become mature adults</p> <p><b>Key Vocabulary:</b> <i>commitment, grief, maturity, moral choice, conscience, formation, virtue, vice</i></p>	<p>~ discern personal values in light of Gospel values and Church teaching</p> <p>~ evaluate emotions in the light of good or evil actions</p> <p>~ recognize authentic authority as worthy of honour and respect</p>
<b>Theme 5: Living in the World</b>	<p>~ explain the importance of gathering with others for celebration and for support</p> <p>~ recognize and appreciate the human need to join with others for a variety of purposes</p> <p>~ explain the importance of gathering with others to create change and to work together</p> <p>~ recognize and appreciate that each person has a role to play in building a world that reflects God's plan for creation</p> <p>~ describe essential responsibilities of membership in groups</p> <p>~ recognize and appreciate the need to create groups that respect the uniqueness of persons and are open and welcoming</p>	<p>~ examine the responsibility to participate in building a just society</p> <p>~ recognize and appreciate the social dimension of their faith</p> <p>~ describe the requirements of individual and social justice</p> <p>~ recognize and appreciate that justice is the virtue that helps us respond to the rights and dignity of each person</p> <p>~ analyze two issues related to social justice: poverty and respect for life</p> <p>~ recognize and appreciate the shared responsibility to participate in efforts to protect human rights</p> <p><b>Key Vocabulary:</b> <i>common project, individual justice, social justice, solidarity, absolute poverty, relative poverty, microcredit, abortion, euthanasia</i></p>	