

Community Resources for Victims of Violence

Board Supports

- **Board Employee & Family Assistance Program**
lifeworks.com
1-844-880-9137
- **Staff Mental Health Supports**
[Staff Mental Health Supports – Catholic District School Board of Eastern Ontario – CDSBEO](#)

Provincial Supports

- **Steps for Employees Dealing with Workplace Harassment**
[Steps For an Employee to Take When Dealing With Workplace Harassment](#)
- **Distress & Crisis Ontario**
[Distress and Crisis Ontario - We are Here to Listen](#)
- **Getting Help if you are experiencing violence**
[Get help if you are experiencing violence | ontario.ca](#)
- **Workplace Violence/Harassment- Ministry of Labour, Training & Skills Development**
[Preventing workplace violence and workplace harassment | ontario.ca](#)