Community Resources for Victims of Violence

Board Supports

- **Board Employee & Family Assistance Program**

  lifeworks.com

  1-844-880-9137

- **Staff Mental Health Supports**

  Staff Mental Health Supports – Catholic District School Board of Eastern Ontario – CDSBEO

- **OCSTA-OECTA Intimate Partner, Domestic or Sexual Violence Leave Pamphlet**

  A Guide to Intimate Partner, Domestic, Sexual Violence Leave Provisions under the Employment Standards Act.pdf

Provincial Supports

- **Steps for Employees Dealing with Workplace Harassment**

  Steps For an Employee to Take When Dealing With Workplace Harassment

- **Distress & Crisis Ontario**

  Distress and Crisis Ontario - We are Here to Listen

- **Getting Help if you are experiencing violence**

  Get help if you are experiencing violence | ontario.ca

- **Workplace Violence/Harassment- Ministry of Labour, Training & Skills Development**

  Preventing workplace violence and workplace harassment | ontario.ca